



How to find us

By Bus

From **Ilford train station** take bus **123** or **179**

Ask for the 'Cocked Hat Toby Carvery' on the Woodford Avenue.

By Tube

Central Line to **Gants Hill Station**. Take the Woodford Avenue exit then bus **123** or **179**.

Or Central Line to **Redbridge Station**. Mini cab office outside station or 1.2 miles walk along Roding Lane South.

By Train

Liverpool Street - **Ilford train station**

From Liverpool Street take the mainline to Ilford station and take the bus as indicated above.

By Road

Using the Redbridge roundabout is the easiest way to find us.

The **Redbridge roundabout** is situated at the Junction of the **A12** and the **A406** North Circular Road. It is also the start of the southern section of the **M11**.

The exit you require from the roundabout is **Redbridge Lane East**, within 20 metres of this exit the first turning on the left is **Roding Lane South**, with the **Redhouse Pub/Hotel** complex on your left.

Proceed left down Roding Lane South for approx. 1.2 miles, (past the BUPA Hospital on your left, through the width restriction and down a slight gradient), the entrance to our car park is located on the right hand side of Roding Lane South just before you reach the Woodford Avenue.

